



CLINICAL EDUCATION & MENTORSHIP PROGRAM

At PTSMC we improve the quality of people's lives by providing:

- Unmatched patient experiences
- Clinical excellence
- Lifelong relationships

Commitment to Clinical Excellence

We take pride in the second bullet of our mission statement to be clinically excellent. Our clinicians are committed to delivering exceptional quality care, and believe that clinical excellence is a commitment to life-long learning. Education, evidence, technology and techniques will continue to evolve. As an organization and as clinicians, PTSMC accepts and embraces this evolution through our Clinical Education and Mentorship Program.

Meet PTSMC's Director of Clinical Excellence

PTSMC's Director of Clinical Excellence is physical therapist, Mike Gans, PT, DPT, OCS, FAAOMPT. He is an extremely accomplished clinician: a Board Certified Orthopedic Specialist, a Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT), and recently a guest professor in Africa at Kenya's Medical Training College for the higher diploma in orthopedic

physical therapy, as pictured below. Mike is an adjunct professor at Sacred Heart University and the PTSMC liaison and mentor for our cooperative residency program.

Three Components of Clinical Excellence

The program is developed to ensure clinicians receive the appropriate training and assistance to grow personally and professionally as PTSMC employees. The New Clinician Program is mandatory for all physical therapists regardless of experience. The program is broken up into three components:

1. External Continuing Education
2. Internal Continuing Education
3. Clinical Mentorship

External Education Opportunities

Clinicians have the choice of 5 external continued education courses in first 3 years of employment. Current options include: Evidence in Motion, Sacred Heart University, Paris, Maitland, Mulligan, McKenzie, IAOM, IOMT. Most of these are offered by bringing external courses to PTSMC. Additional options are available with prior approval.



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Internal Education Opportunities

In addition to external coursework, PTSMC clinicians attend 8 internally taught 4 hour courses over a 2 year period.

Coursework includes:

- Clinical Reasoning and the PTSMC Patient Experience
- Cervicothoracic
- Lumbar
- Upper Extremity
- Lower Extremity
- Differential Diagnosis and Red Flags
- Balance, Falls and the Elderly
- Sports and the Pre/Post Surgical Patient

All coursework taught by the highly skilled and experienced staff clinicians of PTSMC.

Clinical Mentorship

Clinical mentorship is the backbone of all physical therapy residency and fellowship programs. It helps clinicians with their clinical reasoning process, improved clinical pattern recognition, and allows clinicians to become more efficient and effective faster than clinicians who have not received this training.

All new PTSMC clinicians receive mentorship support by one of our expert Certified Orthopedic Specialists (OCS) trained physical therapists. Mentorship is 5 hours monthly for up to 12 months or as long as needed, and one hour biweekly to review clinical cases. One-on-one meetings are scheduled each quarter with the Director of Clinical Excellence, Mike Gans to review mentorship and clinician development.

Clinician Corner

PTSMC clinical staff participate in the monthly employee newsletter "The PULSE," by contributing a column once a year. The featured column is the "Clinician's Corner." Clinical staff have the option to review a recent journal article, discuss a course or present a treatment technique and write a column on their chosen topic. The PULSE is distributed to all PTSMC employees.

Leadership Management Development Program

PTSMC offers a Leadership Management Development Program (LMDP) to train future clinic partners and directors in the business of physical therapy. Skills such as understanding financial reports, clinic operations, management, and employee development are just a few of the topics covered in this year long course. Select individuals that have aspirations for clinic ownership are chosen to participate in this program that will prepare clinicians for their own PTSMC location.

